8 west
CONSULTING

2026



8 WEST IMPACT ENGAGEMENTS

NIST CSF 2.0 Maturity Review

10+1 Days | 8–15 Participants | Virtual or On-Site
Fixed-Fee Engagement ($24,000)

ISO/IEC 27001
Certified by
WEST ASSURED

The Challenge

As a security leader, you face a difficult question:

how exposed are we, really?

Without a structured assessment, the honest answer is:

you don’t know.

Most organizations have pockets of strong control sitting alongside unexamined gaps — and it is often the gap nobody looked at that becomes the incident. Regulatory pressure is increasing, cyber insurers are asking harder questions, customers are more and more aware of their personal risks in dealing with untrustworthy organizations and reflect this awareness as informed decision within the market.



Boards want a coherent answer on risk, not a status update.

Unavailability of the services, extortions, regulatory fines, liabilities and loss of the customer base: the average cost of a data breach in regulated industries now exceeds $4.5M.

Cybersecurity is now becoming a business enabler, and the cost of a structured assessment to understand your exposure is a fraction of that potential loss.

Workshop Overview



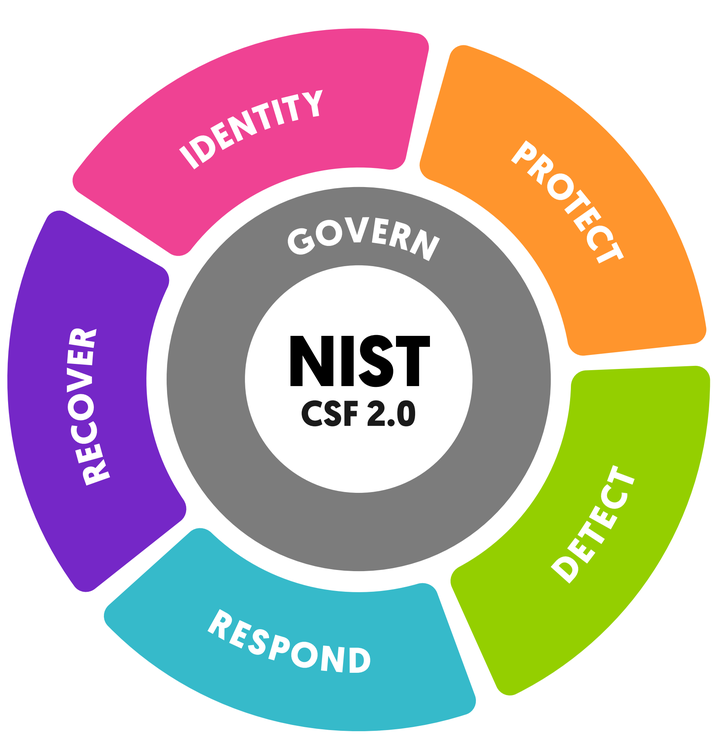
8 West's NIST CSF 2.0 Maturity Review is a streamlined, fixed-scope impact engagement designed to assess the maturity of the organization's security program using the NIST CSF 2.0 Framework. The engagement provides a clear, risk-based view of what is required to achieve the maturity level appropriate for the risk appetite of the organization.

Rather than treating the review as a box-ticking exercise, the assessment focuses on understanding how information security is governed, managed, and operated. The review will provide clarity on your cybersecurity maturity, highlight material gaps against NIST CSF 2.0 domains, and enable an informed decision-making process on the most appropriate next steps to improve cybersecurity maturity.

Workshop Outcomes

NIST CSF 2.0 GAP ANALYSIS

Structured review of the implementation of the 6 domains and 22 categories.



CONTROL MATURITY ASSESSMENT

Assessment using the internationally-recognized ‘Capability Maturity Model Integration’ (CMMI), providing a repeatable baseline for future assessments and audits.

PRAGMATIC REMEDIATION ROADMAP

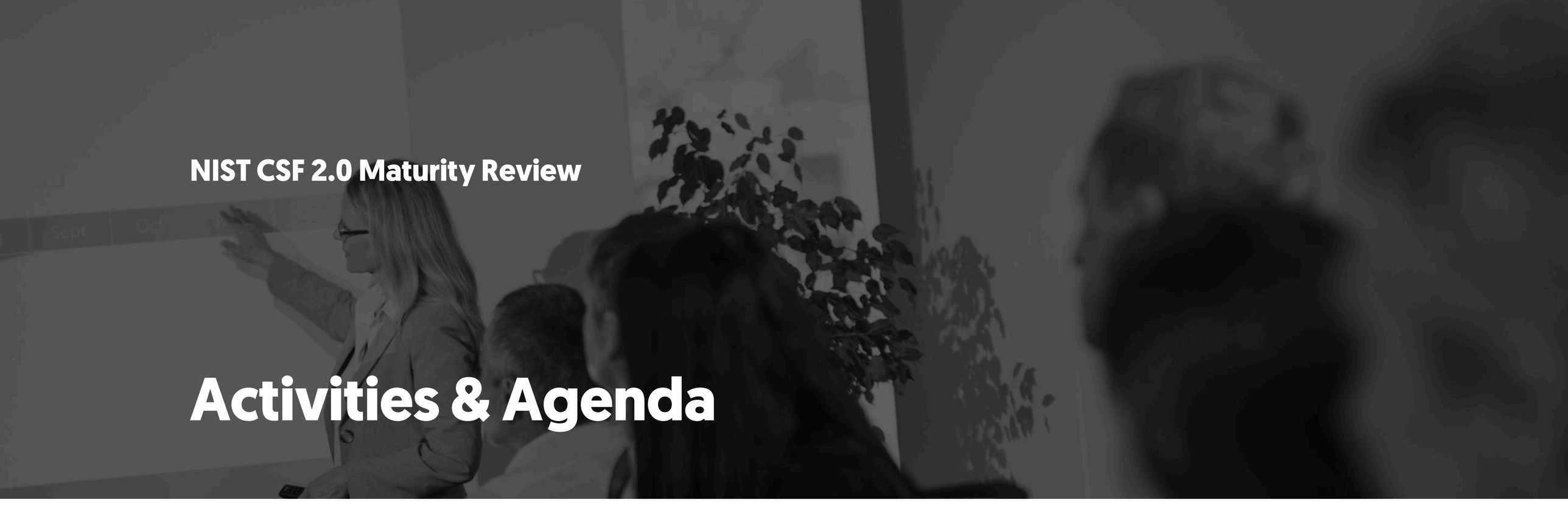
A prioritized set of clearly defined and actionable remediation actions, supported by indicative effort estimates. Priorities are driven primarily by identified risks, ensuring that the most critical exposures are addressed first.

EXECUTIVE SUMMARY

Lightweight leadership-ready overview of the organizational maturity and risk posture, highlighting the next steps to drive alignment and investment decisions, not collect dust.

Who Should Attend

ROLE	WHY THEY'RE CRITICAL
Executive Technology and Security Leadership (CIO / CTO / CISO)	Executive accountability for security posture and remediation decisions.
Risk and Compliance Leadership (CRO / IT Risk / Compliance)	Aligns risks, controls, and regulatory obligations.
Legal and Data Protection (Legal / DPO / Privacy)	Interpret legal requirements and data protection obligations.
Security and Privacy Leads	Provide operational insight into control implementation.
HR and Organizational Leadership	Owns roles, responsibilities, training, awareness and people-related controls.
Key Process and System Owners	Validate practical implementation of controls in operations.
Outsourcing and Vendor Governance Lead	Oversees third-party risks and supplier security controls.



Activities & Agenda

PRE-ENGAGEMENT ALIGNMENT

Brief executive and key stakeholder kick-off to align on outcomes, success criteria, expectations, and communication plan before Day 1.

DAY 1 KICK-OFF & ALIGNMENT

FOCUS

Objectives & scope definition

KEY ACTIVITIES

- Introduce teams
- Confirm scope
- Capture business priorities & pain-points
- Determine regulatory obligations
- Agree assessment calendar

SUGGESTED ATTENDEES

- CIO / CTO / CISO
- Compliance
- Legal
- HR and Organizational Leadership

DAY 2 - 7 NIST CSF MATURITY DEEP DIVES

FOCUS

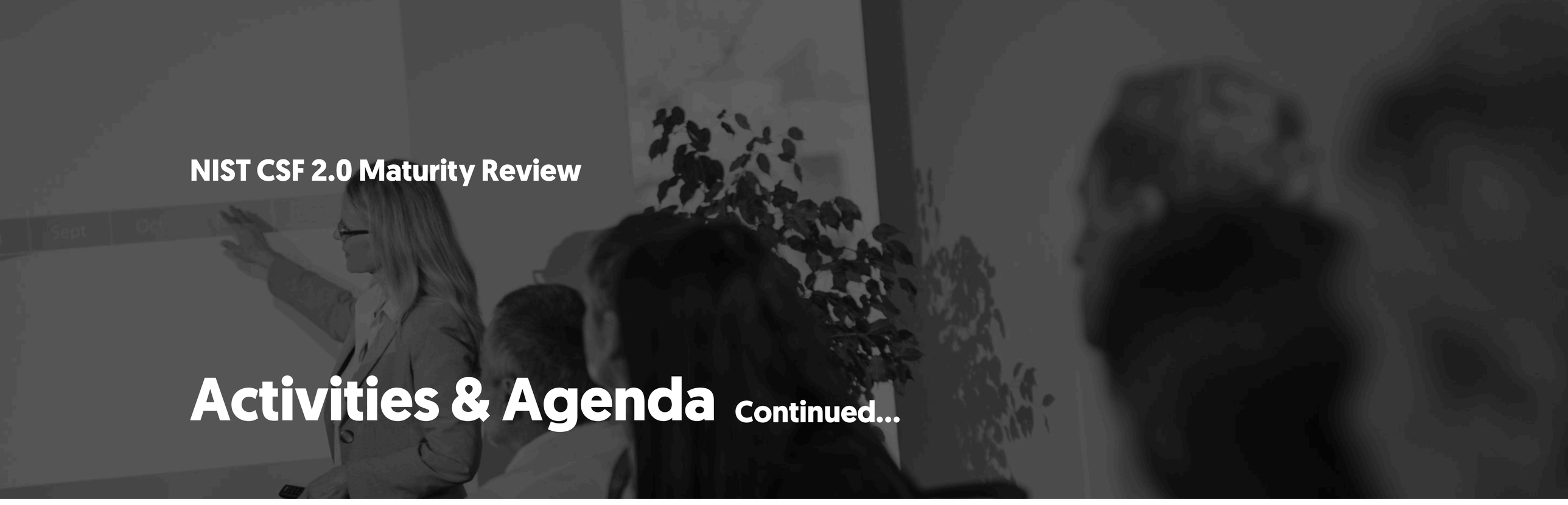
Review of NIST CSF controls

KEY ACTIVITIES

- Indication of the stakeholders to involve for each CSF domain and category
- Preliminary collection of evidences pertaining to the assessed domain
- Interactive Q&A as proof and complement to the evidences previously collected

SUGGESTED ATTENDEES

- Security and Privacy Leads
- Key Process and System Owners
- Outsourcing and Vendor Governance Lead



Activities & Agenda Continued...

DAY 6 INTERIM READ-OUT

FOCUS

Present preliminary findings & align priorities to business needs

* The interim read-out will be performed during the deep dive days, to maintain complete alignment between 8 West and the customer and avoid risking scope drifting.

KEY ACTIVITIES

- Presentation of preliminary findings
- Key risks
- Confirm alignment with business priorities
- Opportunity to recalibrate and raise additional context

SUGGESTED ATTENDEES

- CISO
- Compliance
- CRO

DAY 8 - 10 ANALYSIS & REVIEW DEVELOPMENT

FOCUS

Offline consultant work

KEY ACTIVITIES

- Score maturity each of the NIST CSF controls
- Document findings
- Develop prioritized roadmap and visual scorecards

SUGGESTED ATTENDEES

- 8 West Consultants

(TYPICALLY 2 WEEKS LATER)

DAY 10+ FINAL REPORT DELIVERY AND EXECUTIVE READOUT

FOCUS

Report delivery & plan next steps

KEY ACTIVITIES

- Report Delivery, review progress & address questions
- Agree a plan for remediation activities to achieve desired NIST CSF Maturity

SUGGESTED ATTENDEES

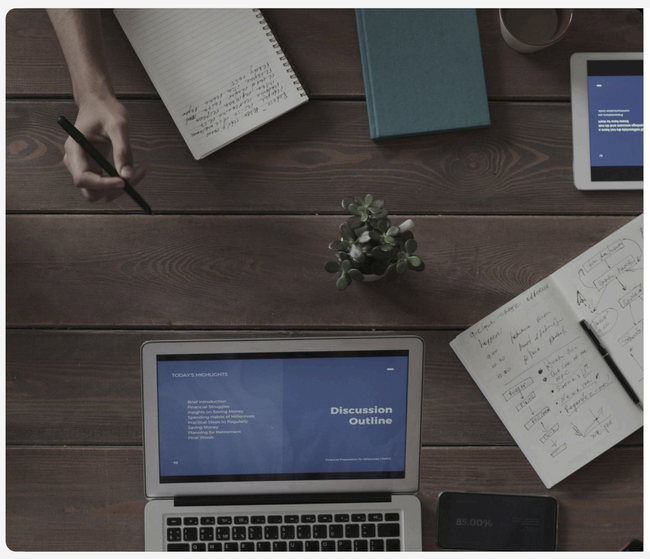
- CIO / CTO / CISO
- Compliance
- Legal
- CRO

Engagement Model & Pricing



FIXED FEE ENGAGEMENT

$24,000 for primary engagement.
Any scope extensions, as well as support for remediation and action items, will be priced separately.



VALUE-FOCUSED

Effort focused on assessing the current state and identifying material risks that may prevent the organization from achieving a level of cybersecurity maturity aligned with its business objectives and risk appetite.



NO SURPRISES

Clear scope, schedule, and deliverables agreed up-front.



DATA HANDLING & CONFIDENTIALITY

An NDA is executed at engagement start. All client data is handled in secure, encrypted collaboration environments. No client data is retained by 8 West beyond the engagement period.

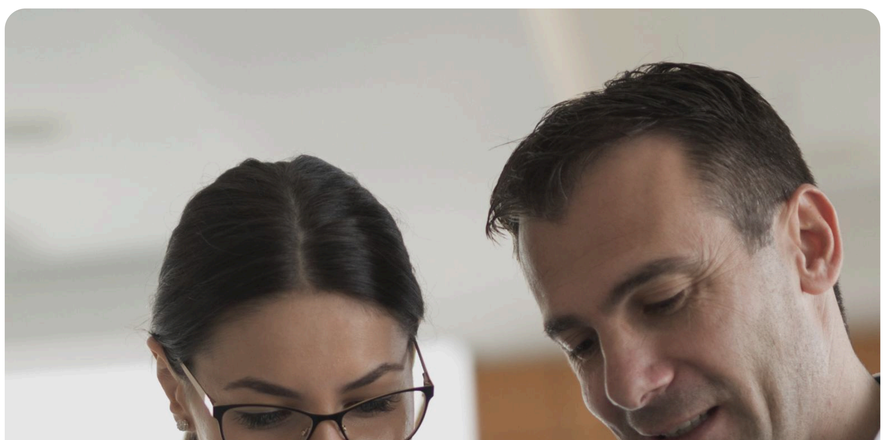


FLEXIBLE SCALING

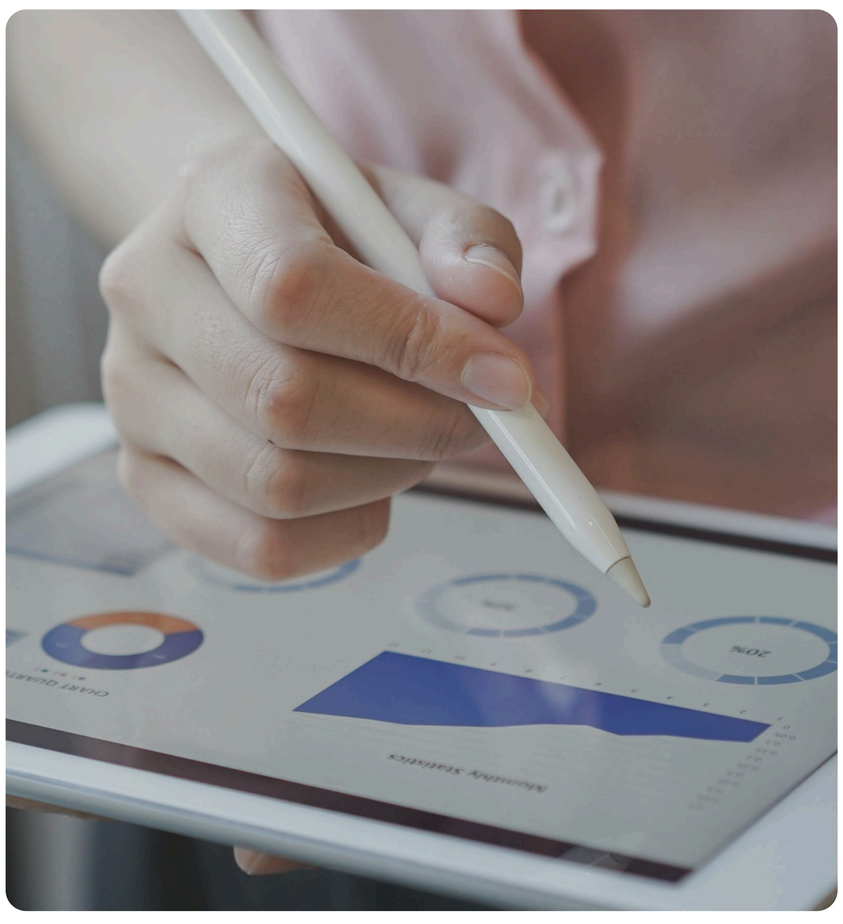
Optional follow-on engagements that extend from category-level assessments down to detailed control-level reviews. Additional services include evidence-based testing, remediation support, control implementation, and internal audit.

Delivery Format

- **Virtual-First** engagement delivered via secure video sessions (Optional on-site workshops ideal for complex frameworks or executive presentations).
- **Shared Workspaces** for findings, tracking and collaboration.
- **Clear Set of Deliverables** comprehensive report, maturity scorecards, roadmap slides, and executive summary.
- **Typical duration 10-15 days** depending on the scope.
- **Flexibility in Scheduling** the agenda, running either consecutively or spread across multiple weeks according to the business needs.



Client Success Metrics



- Clear view of the organization's maturity across all the NIST CSF 2.0 categories.
- Clear roadmap with actionable recommendations, prioritized and sequenced according to business risks and strategic priorities.
- Improved regulatory readiness and confidence in audit preparedness.
- Leadership alignment on next steps and cybersecurity investment decisions.

Testimonials

AMS ADVANCED MEDICAL SERVICES

> As the developers of the MedApp Occupational Health platform, AMS places the highest importance on the security and protection of sensitive health information.
>
> Our engagement with 8 West was a key step in ensuring that our cloud environment continues to meet the standards our clients expect. The 8 West team brought deep expertise, a structured approach, and a clear understanding of what robust security and operational excellence look like at scale.
>
> The review offered independent validation of our cloud posture while providing a concise, actionable roadmap for continuous improvement.
>
> It was a highly professional and insightful process that strengthened our forward plans and supported the confidence we provide to our enterprise clients.

Garry Bennett
Software Program Director

AND SOME OTHER CLIENTS...

AVON

TriForza

DELTA DENTAL®
Delta Dental of Washington

Zembro
POWERED BY SAFETRX

MAMBU

DELTA DENTAL®

Why 8 West

8 West brings deep, hands-on experience designing, assessing, and operating NIST CSF aligned information security management systems across regulated industries including healthcare, dental, and insurance.

Our consultants understand how industry-specific regulators and stakeholders interpret the framework in practice and how security expectations translate into real business risk.

We translate NIST CSF requirements into pragmatic, proportionate controls aligned to your organisation's size, risk profile, and operating model. The emphasis is on reducing material risk and strengthening resilience, not producing documentation for its own sake.

Delivered by experienced, industry-aware teams based in Ireland, this Impact Engagement provides a clear and actionable view of the organisation's current risk posture and cybersecurity maturity. It equips leadership with the insight needed to prioritise investment, make informed decisions, and reduce the likelihood of disruption, loss, or regulatory exposure.

Ready to Proceed?

Schedule a complimentary discovery call to confirm certification objectives, organizational context, and scope, and to agree a maturity assessment timeline.

Engagements typically commence within 2–4 weeks of approval.

8 WEST CONSULTING

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