8 west
CONSULTING

2026



8 WEST IMPACT ENGAGEMENTS

GRC Readiness Assessment

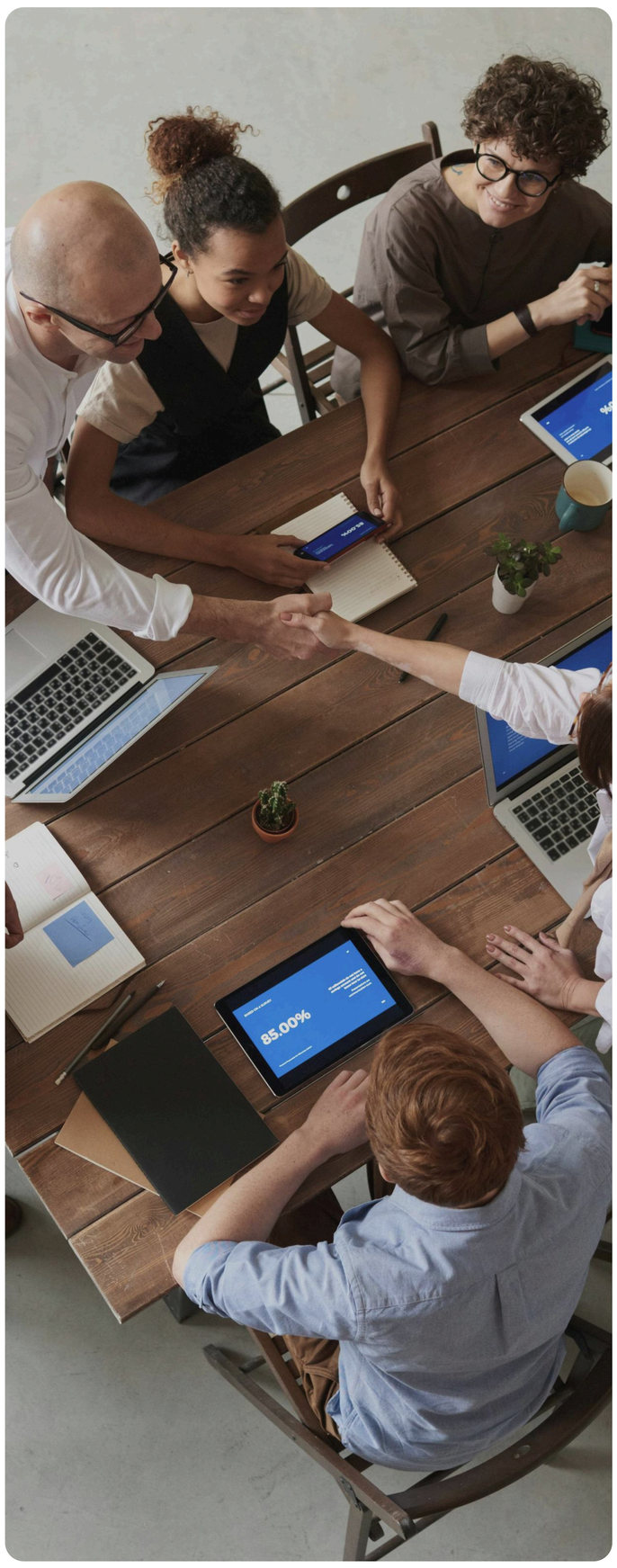
5+1 Days | 8–12 Participants | Virtual or On-Site
Fixed-Fee Engagement ($12,000)

ISO/IEC 27001
Certified by
WEST ASSURED

Workshop Overview

8 West's GRC Readiness Assessment is a concise, fixed-scope, high-impact engagement designed to evaluate the effectiveness of your governance structures, risk management processes, and compliance controls.

The review will focus on the following domains, leveraging existing compliance evidence where available to reduce disruption to day-to-day activities.



- **ORGANIZATION AND PEOPLE**
  Organizational structure, defined roles and responsibilities, Lines of Defense model, and regulatory mapping.
- **RISK & COMPLIANCE**
  Risk appetite, assessment, management, monitoring, ownership.
- **ACCESS MANAGEMENT**
  Onboarding & identification, authentication, authorization, privileged access.
- **OPERATIONAL SECURITY**
  Asset & vulnerability management, encryption, networking, monitoring, change management, data classification, privacy.
- **BUSINESS CONTINUITY**
  Incident management, Backup, BCP/DRP.
- **THIRD PARTY MANAGEMENT**
  Vendor assessment, procurement & SLA definition, KPI/KRI monitoring & exercise of audit rights

Workshop Outcomes

GOVERNANCE, RISK, AND COMPLIANCE OVERVIEW

Clear understanding of the Organization risks, the governance controls implemented and the compliance posture across organizational, technical, physical domains.

RISK-BASED IMPROVEMENT ROADMAP

Clear prioritization of quick wins, medium-term improvements, and strategic initiatives according to the priority of the identified risks.

FRAMEWORK ALIGNMENT RECOMMENDATIONS

In cases where no frameworks have been adopted, recommendations will be provided for alignment with the most appropriate frameworks.

EXECUTIVE READ-OUT

Leadership-ready summary connecting findings to business risk and compliance needs.

Who Should Attend

ROLE	WHY THEY'RE CRITICAL
Executive Technology and Security Leadership (CIO / CTO / CISO)	Provide executive sponsorship, strategic direction, and accountability for technology and security outcomes.
Risk and Compliance Leadership (CRO / IT Risk / Compliance)	Owns enterprise and technology risks, ensures alignment with risk appetite and regulatory obligations.
Legal and Data Protection (Legal / DPO / Privacy)	Interprets legal and regulatory requirements, prioritizes compliance obligations, and addresses data protection expectations.
Security and Privacy Leads	Deep operational insight into security and privacy controls, current practices, and practical feasibility of remediation actions.
HR and Organizational Leadership	Oversees and supports the organizational structure, leads communication and training to ensure workforce readiness, and manages people related controls.
Key Process and System Owners	Practical knowledge of business processes and systems, owns control implementation, and sponsor remediation activities.
Outsourcing and Vendor Governance Lead	Oversees supplier relationships, manages the critical service dependencies and the contractual safeguards.



Activities & Agenda

PRE-ENGAGEMENT ALIGNMENT

Brief executive and key stakeholder kick-off to align on outcomes, success criteria, expectations, and communication plan before Day 1.

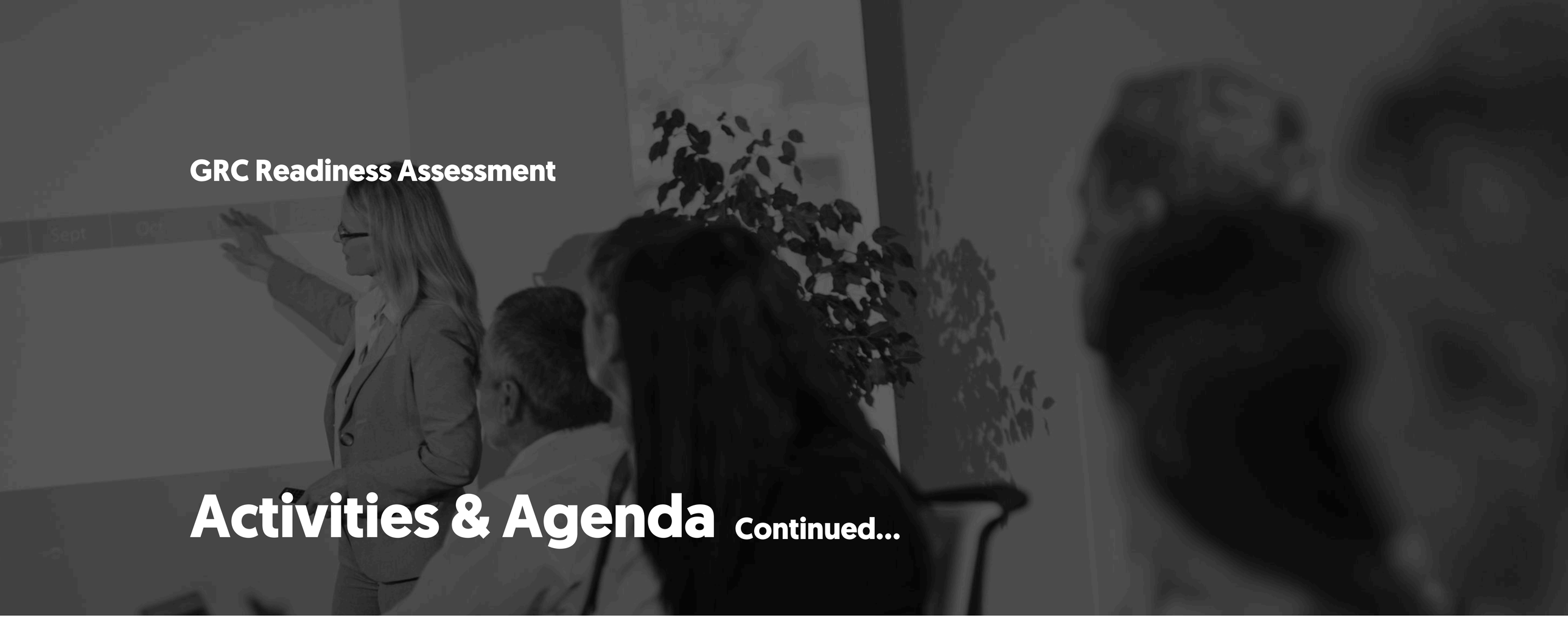
DAY 1 KICK-OFF & ALIGNMENT

FOCUS	KEY ACTIVITIES	SUGGESTED ATTENDEES
Objectives & scope definition	• Introduce teams • Confirm scope • Capture business priorities & pain-points • Determine regulatory obligations	• CIO / CTO / CISO • Compliance • Legal • HR and Organizational Leadership

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DAY 2 - 4 GOVERNANCE, RISK & COMPLIANCE DEEP DIVES

FOCUS	KEY ACTIVITIES	SUGGESTED ATTENDEES
Review GRC practices	• Interactive Q&A focused on the governance bodies, processes, systems, dependencies, risks, and controls	• Security and Privacy Leads • Key Process and System Owners • Outsourcing and Vendor Governance Lead



Activities & Agenda Continued...

DAY 5 Analysis & Review Development

FOCUS

Offline consultant work

KEY ACTIVITIES

- Score maturity across the proposed GRC domains, document findings, develop prioritized roadmap and visual scorecards.

SUGGESTED ATTENDEES

- 8 West Consultants

DAY 6 INTERIM READ-OUT

FOCUS

Present interim findings & align priorities to business needs

KEY ACTIVITIES

- Presentation of preliminary findings, key risks, confirmation of alignment with business priorities, and agreement on necessary document rework.

(2 WEEKS LATER)

FINAL REPORT DELIVERY AND EXECUTIVE READOUT

FOCUS

Report delivery & plan next steps

KEY ACTIVITIES

- Report delivery, address questions, and assist planning of future initiatives to enhance GRC capabilities.

SUGGESTED ATTENDEES

- CIO / CTO / CISO
- Compliance
- Legal
- CRO

Engagement Model & Pricing



FIXED FEE ENGAGEMENT

$12,000 for primary engagement.

Scope extensions, remediation, and action items priced separately.



VALUE-FOCUSED

Effort concentrated on understanding the AS-IS state and identifying material risks.



NO SURPRISES

Clear scope, schedule, and deliverables agreed up-front.

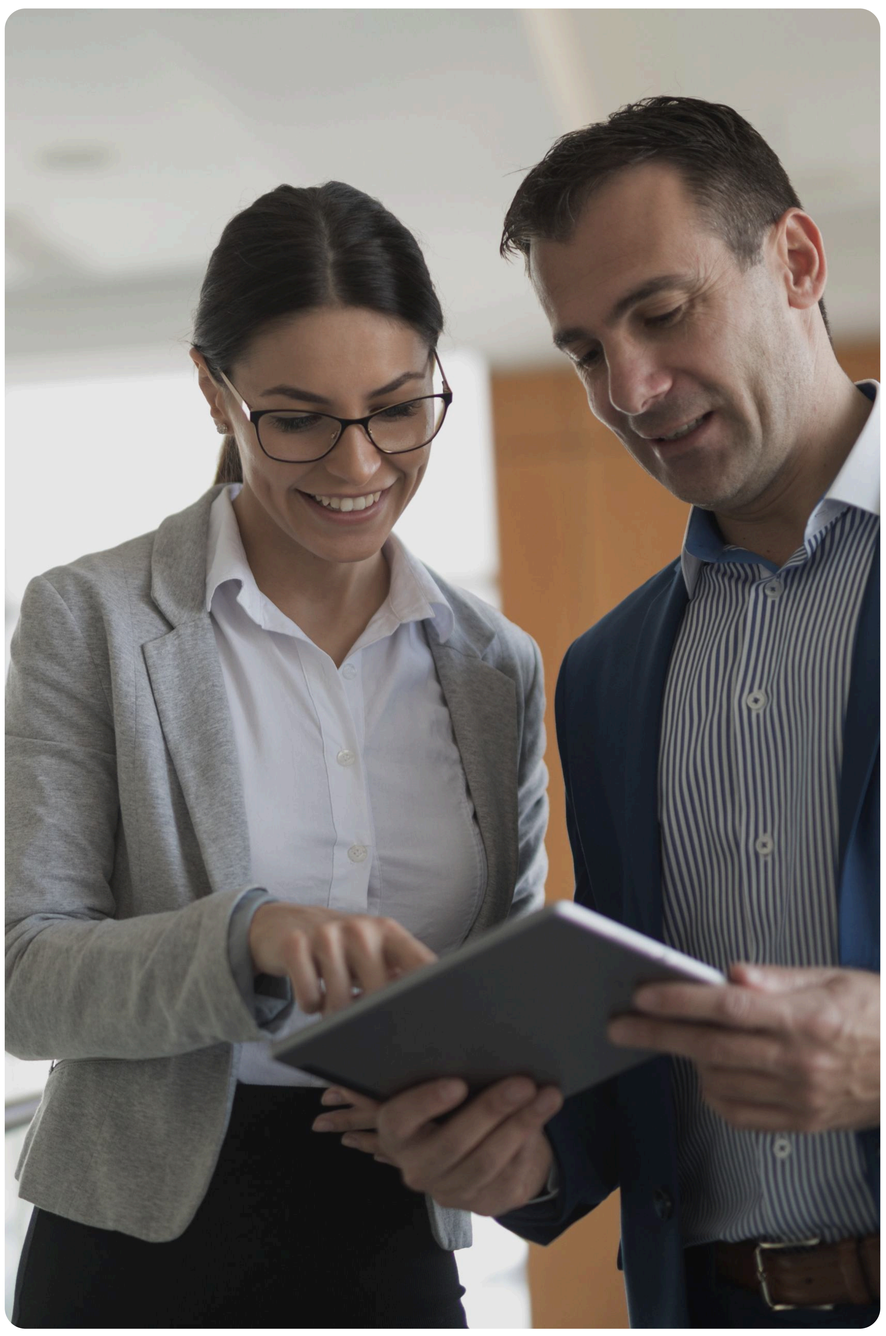


FLEXIBLE SCALING

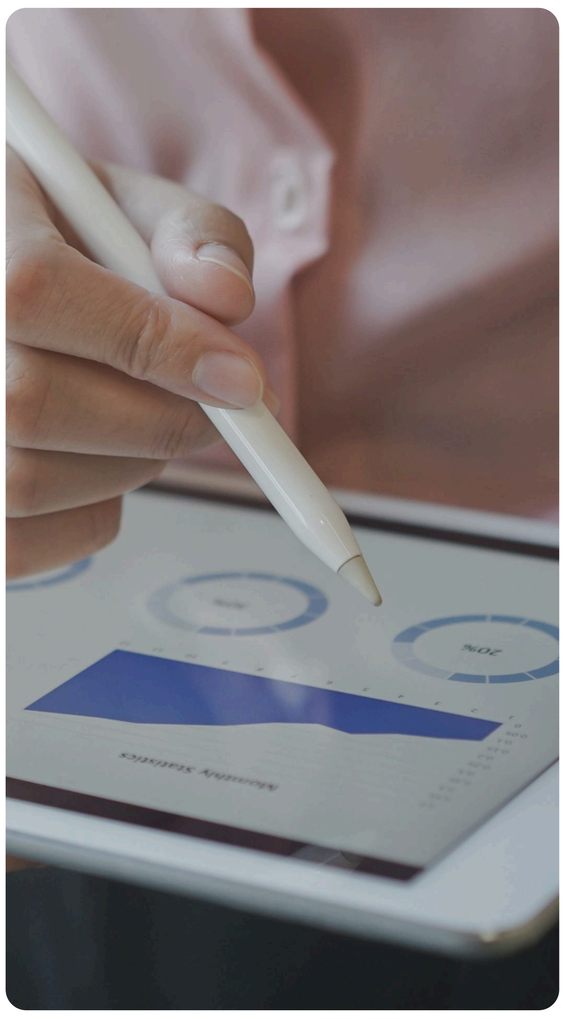
Optional follow-on engagements for deeper technical gap assessment, remediation plan & controls implementation, or certification readiness.

Delivery Format

- **Virtual-First** delivered via secure video sessions. Optional on-site workshops and playback ideal for complex frameworks or executive presentations.
- **Shared Workspaces** for findings, tracking and collaboration.
- **Clear Set of Deliverables** comprehensive report, maturity scorecards, roadmap slides, and executive summary.
- **Typical Duration** 5-7 days depending on the scope.
- **Flexible Scheduling** agreed agenda can run consecutively or spread across multiple weeks



Client Success Metrics



- Clear understanding of the implications of the governance gaps for the organization..
- Effort prioritization based on the risks and criticalities discovered.
- Risk prioritization aligned to business impact.
- Clear roadmap with actionable recommendations based on the discovered high-risk issues.
- Improved regulatory readiness and audit confidence.
- Leadership confidence in future compliance posture.
- Increased stakeholder awareness.

Testimonials

AMS ADVANCED MEDICAL SERVICES

> As the developers of the MedApp Occupational Health platform, AMS places the highest importance on the security and protection of sensitive health information.
>
> Our engagement with 8 West was a key step in ensuring that our cloud environment continues to meet the standards our clients expect. The 8 West team brought deep expertise, a structured approach, and a clear understanding of what robust security and operational excellence look like at scale.
>
> The review offered independent validation of our cloud posture while providing a concise, actionable roadmap for continuous improvement.
>
> It was a highly professional and insightful process that strengthened our forward plans and supported the confidence we provide to our enterprise clients.

Garry Bennett
Software Program Director

AND SOME OTHER CLIENTS...

AVON

TriForza

DELTA DENTAL®
Delta Dental of Washington

Zembro
POWERED BY SAFETRX

MAMBU

DELTA DENTAL®

Why 8 West

8 West combines deep governance, risk, and compliance expertise with enterprise-scale delivery experience and strong domain understanding across regulated industries including healthcare, dental, and insurance. Our consultants bridge policy, process, and technical controls, translating regulatory obligations into practical, workable outcomes.

We provide skilled, industry-aware teams from our headquarters in Ireland, delivering exceptional value, without compromising on quality, experience, or delivery rigor.

This Impact Engagement provides a clear, actionable path to understand current GRC maturity, prioritize material risks, and strengthen compliance posture with confidence.

Ready to Proceed?

Schedule a complimentary discovery call, where we can discuss your business objectives, regulatory context, confirm scope, and pencil a start date — typically within 2-4 weeks of approval.

8 WEST CONSULTING

Building 1, University Technology Centre, Curraheen Road,
Cork, T12 AY18, Ireland

info@8west.ie **+353 21 4925100**